



## THE EATON OAK

PUB WITH ROOMS

# GLUTEN FREE MENU

### NIBBLES

<b>Mixed Pitted Olives</b> [gf] [ve]	3
<b>Gluten-Free Artisan Bread</b> , balsamic & olive oil	3.5
<b>Spiced Honey &amp; Thyme Baked Camembert</b> , toasted gluten-free bread, onion marmalade [v]	14

### STARTERS

<b>Our Kitchen Soup</b> , warm & crusty gluten-free artisan bread [ve]	4.5
<b>Bubble &amp; Squeak</b> , poached hen's egg & hollandaise [v] [gf]	6.5   12
<b>Glazed Goat's Cheese Gluten-Free Crostini</b> , garlic cream, caramelised fig & onion chutney [v] [n]	6.5
<b>Caramelised Butternut Squash Hummus</b> , warm gluten-free flatbread, vegetable crudités [v] [vea]	6

### MAINS

<b>Warm Braised Fennel Salad</b> , cranberry, quinoa, baby leeks & orange dressing [ve] [gf]	12
<i>[add chicken, prawns or halloumi]</i>	4
<b>Massaman Thai Curry</b> , coconut rice [ve] [n] [gf]	12.5
<i>[add chicken, prawns or halloumi]</i>	4
<b>Boneless Half Chicken</b> , Asian slaw, crème fraiche [gf]	15
<b>Pan Fried Seabass Fillets</b> , kale, black olive & caper rosti & butter sauce [gf]	15
<b>Grilled Chicken Burger</b> , gluten-free bun, avocado, tomato jam, Asian slaw & fries	15
<b>BBQ Jackfruit Burger</b> , gluten-free bun, aioli, Asian slaw & fries [ve]	13.5
<b>Steak Burger</b> , gluten-free bun, cheddar, bacon, chilli jam, Asian slaw, fries	14
<b>8oz 28 Day Dry Aged Sirloin Steak</b> [gf]	23
<b>7oz 28 Day Dry Aged Rump Steak</b> [gf]	18
<i>Steaks served with field mushroom, roasted vine tomatoes, fries &amp; a choice of béarnaise or peppercorn sauce</i>	

### SIDES

ALL 3.5

<b>Chunky Chips or Skinny Fries</b> [gf] [ve]
<b>Creamy Mash</b> [gf] [v]
<b>Dauphinoise Potatoes</b> [gf] [v]
<b>Seasonal Greens</b> [gf] [ve]
<b>Baby Leaf Salad</b> [gf] [ve]
<b>Asian Slaw</b> [gf] [v]

### DESSERTS

<b>Winter Crumble of Apple, Pear &amp; Blackberry</b> , vanilla ice cream or custard [gf] [n] [v]	6
<b>Warm Chocolate &amp; Pecan Brownie</b> , raspberry sorbet, chocolate sauce [gf] [ve] [n]	6
<b>Selection of Cheeses</b> , served with mulled apple chutney, celery, grapes, quince jelly & gluten-free crackers [v]	
Three Cheeses	8
Five Cheeses	12

Whilst we take care to ensure that there is no cross contamination, wheat & nuts are used daily in our kitchen.  
If you have a food allergy or intolerance, please speak to a member of staff before you order your food or drinks.

[ve] vegan | [v] vegetarian | [gf] gluten free | [gfa] gluten free available | [n] contains nuts | [vea] vegan available

